

Peace At Home Parenting December Newsletter

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We hope this message finds you anticipating sweet holiday times with your loved ones. As you know, it can be a complicated season for many. Past or present struggles can make it hard to be ourselves and create a joyful time for our children.

Attached, you'll find our latest newsletter featuring this month's calendar of live workshops, a blog discussing how to inspire gratitude in children, and a holiday-related tip as well as a reminder about prioritizing slow, enjoyable times together. We're encouraging parents to include children in planning holiday activities that strengthen family bonds rather than trying to create those elusive Hallmark moments. Our aim is to provide Peace At Home meaningful solutions for busy parents and caregivers.

Wishing you a wonderful month ahead—take care!